



  
**LIVINGSTON  
NEW JERSEY**  
SENIOR, YOUTH & LEISURE SERVICES

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 ARBOR TERRACE

## **Building your Emotional Tool Box, Wed., 12/9 @ 1 pm**

**SPONSORED BY ARBOR TERRACE ROSELAND**



Presented by:



*Diane Lang, Positive Life Expert, Life Coach & Speaker As a Therapist, Educator and Positive Living Expert, Diane has dedicated her career to helping people turn their lives*

*around and is now on a mission to help them develop a sustainable positive attitude that can actually turn one into an optimist, literally.*

**Wednesday**  
**Dec. 9, 2020 at 1 pm**  
**Free, pre-registration required**  
ZOOM LINK WILL BE EMAILED  
AFTER REGISTRATION

**FREE; pre-registration required** online at [Livingstonnj.org/SYLS](http://Livingstonnj.org/SYLS)  
or in person at SYLS Office, 204 Hillside Ave., Monday - Friday,  
8:30 am - 4:30 pm.

Please call 973-535-7925, option 8 or email  
[lbranquinho@livingstonnj.org](mailto:lbranquinho@livingstonnj.org)