

## Navigating Medicare

### Presented by a SHIP Counselor

#### In-Person Session

Wed, Oct., 26, 2022 at 1 pm  
at LSCC, 204 Hillside Ave.

#### Online Session

Wed, Nov. 2, 2022 at 7 pm



LOCAL HELP FOR PEOPLE WITH MEDICARE

Are you confused by your parent's Medicare Plan? Do you wonder if you should enroll in Medicare at 65 if you're still working? How does COBRA work with Medicare? To get the answers to these questions and more, join us for an overview presentation on Medicare. Learn to understand the different parts of Medicare and how to get the best value for your money. This session is helpful to those planning for the future and those already enrolled in Medicare.

Free, pre-registration required online [www.livingstonj.org/syls](http://www.livingstonj.org/syls) or by calling 973-535-7925, option 8 or email [lbranquinho@livingstonj.org](mailto:lbranquinho@livingstonj.org)

**SHIP (The State Health Insurance Assistance Program)** of Essex County will be providing FREE help to NJ Medicare beneficiaries during this year's annual Open Enrollment from October 15<sup>th</sup> - December 7<sup>th</sup>. Counselors will be available virtually, to assist with reviewing your choices. Counselors will be available to help provide updated plan information for 2023 and assist with plan comparisons. Call our SHIP hotline at 973-637-1717 or email [medicare-help@jfsmetrowest.org](mailto:medicare-help@jfsmetrowest.org) to schedule a virtual session with a counselor.