

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Chair Yoga 9:30-10:30am	*Yoga Level 1 10-11am	Zumba Gold 10-10:45am	*Yoga Level 1 10-11am	*Zumba Toning 9-10am	Zumba 9:15-10:15am
Zumba Gold 11-11:45am	<b>CANCELLED</b> Stretch & Flex 11:15am-12pm	Chair Yoga 11am-12pm	*Barre Above 11:15am-12:15pm	*Chair Yoga 10:15-11:15am	
				*Pilates 11:30am- 12:30pm	
<b>Evening</b> Cardio Fusion 5-6pm	<b>Evening</b> Yoga Level 2 7:15pm-8:15pm	<b>CANCELLED</b> Inner Strength 6:30-7:30pm w/ Val DeNick	<b>Evening</b> Yoga Level 2 7pm-8pm		