



LIVINGSTON  
NEW JERSEY

HEALTH DEPARTMENT

# Autumn Walking Club

## Free!



Enjoy the beautiful fall weather while getting some exercise!

The Walking Club is free and open to adults over the age of 18.

We will meet in the parking lot at McLoone's Boathouse and walk 1.75 miles around the Reservoir.

## Fridays

Sept. 6th – Nov. 15th

10 am – 11 am

(no walk Oct. 4th)

## Location:

South Mountain Recreation

Complex: Reservoir

9 Cherry Lane

West Orange, NJ



## Pre-Registration Required:

For questions or to register please contact Jessica, Health Educator at (973) 535-7961 ext. 227 or email [jekelly@livingstonnj.org](mailto:jekelly@livingstonnj.org)