

Schedule of Events

Liliana at 973-535-7925 ext, 260

email lbranquinho@Livingstonnj.org



April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18		20
	22	23	24	25	26	27
28	29	30				

- 2nd** Old Guard meeting open to the public after 10:45am. Guest speaker from Saint Barnabas Medical Center on the topic of “Vaccinations”
- 2nd** Free Stability Ball Fitness Demonstration class at 10:15am at Northland Building. Pre-reg., req. at SYLS or online livingstonnj.org/syls.
- 2nd** Technology Tutoring drop-in class with volunteer Kevin Miller (from Arbor Terrace). Bring your iPhone or iPad. 11:30am-1pm. First come first served basis. Free. Will meet again on 5/7 and 6/4.

- 3rd** Trip to Sands Casino, PA. Cost \$25, receive \$25 for slot play and cash for food. Snacks and drinks on the bus. Bus leaves at 10am from LSCC. Contact George Gerges 973-535-9022.
- 3rd** Public Library presentation Spring Gardening: Transplanting Techniques, 11am.
- 3rd** Public Library presentation on Cybersecurity: 10 Threats Every Person and Business Faces, 7pm.
- 4th** Free 3-1 Cardio Class Demonstration at 6:30pm at the Senior/Community Center. Pre-reg., req. at SYLS or online livingstonnj.org/syls.
- 4th** Free event and book signing “Aiming High” Livingston graduate and sports/celebrity agent, Darren Prince, tells his story of addiction and recovery. Event will be held at the LHS Auditorium 7:30-9pm. All are welcome.
- 5th** AARP Chapter #3663 Anniversary Party at the Hanover Manor. Must pre-register.
- 8th** Public Library presentation “Introduction to the World of Wine” 7pm.
- 9th** Old Guard meeting open to the public after 10:45am. Guest speaker TBA.
- 9th** **Intergenerational Prom 5:30-9pm LHS Cafeteria. Free. Dinner, dessert, dancing and door prizes. Pre-Registration Required.**
- 10th** Trip to Sands Casino. Contact Sandi at Cedar Street Commons for information 973-535-1980 ext. 11.
- 11th** Trip to Paper Mill Playhouse featuring “Benny & Joon”. Tickets \$60, bus departs Cedar Commons at 12:30pm. Call Sandi at 973-535-1800 ext. 11.
- 12th** Spring Walking Club begins every Friday through 5/31. 10am-11am at South Mountain Recreation Complex Reservoir on 9 Cherry Lane, West Orange. Pre-Reg. Req. with Jessica Kelley, Health Dept. Health Educator 973-535-7961 ext. 227 or jekelly@livingstonnj.org.
- 12th** Chess for Beginners 3-6pm. Free however pre-registration is required. Class is lead by Volunteer instructor, Jorge Camacho. This program will run every Friday through 6/21.
- 16th** Old Guard meeting open to the public after 10:45am. Guest speaker Dr. Mark Grabenau on the topic of Health Care.
- 16th** Remember When Club at the LSCC, 1-3pm. Come make new friends for some holiday fun. All are welcome. Free. The club meets on the third Tuesday of the month. Lead by Livingston resident Elaine Meltzer.

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17th Trip to Resorts Casino in Atlantic City. Cost \$25, receive \$25 for slot play and receive \$5 for food. Snacks and drinks on the bus. Bus leaves at 10am from LSCC. Contact George Gerges 973-535-9022.

16th Knitting Club meets at the Senior/Community Center on the third Tuesday of the each month 1-3pm to knit a variety of pieces: baby hats, lap robes, shawls, blankets. Items are donated to different local charities. All experience levels are welcome.

- 23rd** “**Foot Health 101**” Presented by Ali El-Saheli, Podiatric Surgeon from Summit Medical Group Orthopedics, 1-2pm at theLSCC. Pre-reg. req at Health Dept. 973-535-7961 ext. 227 or 228 or email jekelly@livingstonnj.org 2
- 23rd** Old Guard Meeting open to the public at 10:45am. Guest speaker Lorraine Spiotta from Hospice of New Jersey on the Five Wishes document.
- 23rd** Poetry Aficionados meet at LSCC on the fourth Tuesday of the month, 2-3pm. Bring your favorite poems to share and discuss with the group.
- 24th** Women’s Club of Livingston at the Presbyterian Church on 271 W. Northfield Road at will hold its annual LHS Scholarship Fundraiser/Tricky Tray at 12pm. Lunch will be provided. Tickets are \$20. Contact Pauline Pocher at pjpoche@gmail.com by April 15th.
- 25th** Stress Management Workshop with Ellen Robertson, Integrative Nutrition Health Coach-Yoga Therapist-Stress Management Specialist. 7-9PM. R:\$5, NR:\$10. Pre-registration required at SYLS office or at livingstonnj.org/syls
- 25th** Public Library presents “Baseball in the American Culture, Literature, Song, Movies, Stage, Radio and TV” 7pm.
- 25th** Newest Features in iPad/iPhone class 7-9pm. R:\$17, NR:\$21. Must bring your own iPhone and/or iPad. Pre-registration required at SYLS.
- 26th** Senior Happening at the library—”A Life of my Own: Meeting Eleanor Roosevelt” by Linda Kenyon. Bring your own brown bag lunch at 12pm. Entertainment starts at 1pm. Coffee and dessert served by the Friends of the Library volunteers.
- 26th** Techie Teen Tutors at the Public Library 3pm-4pm. Bring your own iPad, iPhone or other smart device for one-on-one instruction. No registration needed. First come first serve.
- 28th** Public Library—meet Author & Medium Sharon Farber, 2pm.
- 28th** Pick It Up Livingston! Event 8:30-11am. For questions call 862-223-8566 or email pickituplivingston@gmail.com
- 30th** **Emotional Detox: Dealing with Negative People presentation 1pm.** This is part of the Take Control & Choose Happiness: Exploring Emotional Wellness for the Active Senior. Pre-reg. req. at SYLS 973-535-7925 or online livingstonnj.org/syls. Light refreshments provided. Sponsored by Arbor Terrace Roseland and Morris Plains.
- 30th** Old Guard meeting open to the public after 10:45am. Guest speaker from CASA (Court Appointed Special Advocates).