

## Convalescent Plasma Donation from recovered COVID-19 cases

Plasma donation from people who have recovered from COVID-19 may help people who are still severely ill with the disease. Because you fought the infection, your plasma may contain COVID-19 antibodies. You may qualify to donate plasma for coronavirus patients if you meet specific post-illness guidelines and also meet regular blood donation eligibility requirements:

1. Some locations may require that donors be age 18 and older. Age and weight requirements may vary based on location. Generally donors age 17 and older must weigh at least 110 pounds.
2. You are overall in good health and feel well, even if you're being treated for a chronic condition.
3. You had a verified diagnosis of COVID-19, are fully recovered from COVID-19 and are symptom free.
4. Some locations may have additional criteria for those who would like to donate.

**What is Plasma?** Plasma is the clear, straw-colored liquid portion of blood. It carries out a variety of functions in the body, including clotting, fighting diseases and other critical functions.

**Organizations that are looking for VOLUNTEERS to donate plasma (each may have different requirements):**

1. **New York Blood Center:** [https://www.nybc.org/donate-blood/covid-19-and-blood-donation-copy/convalescent-plasma/?utm\\_source=web&utm\\_medium=banner&utm\\_campaign=covid](https://www.nybc.org/donate-blood/covid-19-and-blood-donation-copy/convalescent-plasma/?utm_source=web&utm_medium=banner&utm_campaign=covid) There are various locations in NJ (Paramus and Scotch Plains).
2. **American Red Cross:** <https://www.redcrossblood.org/donate-blood/dlp/plasma-donations-from-recovered-covid-19-patients.html>
3. **Hackensack Meridian Health:** <https://www.hackensackmeridianhealth.org/covid19/recruiting-recovering-covid-19-patients/>
4. **Valley Hospital :** <https://www.valleyhealth.com/services/novel-coronavirus-covid-19/covid-19-serum-testing-donation> Location to donate is in Paramus, NJ.
5. **University Hospital/Rutgers:** Newark, NJ Those wishing to donate must have a COVID + result and be eligible to donate blood. Call the Rutgers/University Hospital COVID-19 Treatment Group at 973-972-5474 or email [covidplasma@uhnj.org](mailto:covidplasma@uhnj.org)
6. **RWJ Barnabas Health Hospitals:** \*Recovered patients of RWJ Barnabas Hospitals may receive notification from the hospital about donating plasma. Plasma is collected at blood banks the hospitals have contracts with which are the American Red Cross and New York Blood Center. More information can be found here, <https://www.rwjbh.org/blog/2020/april/rwjbarnabas-health-seeks-donors-of-convalescent-/> or specifically for RWJ University Hospital in New Brunswick <https://www.rwjbh.org/blog/2020/april/covid-19-convalescent-plasma-donation-in-new-bru/>
7. **Vitalant Blood Center:** <https://www.vitalant.org/Hidden-Pages/COVID-Plasma-FAQ.aspx>

Livingston Health Department  
204 Hillside Ave.  
Livingston, NJ. 07039  
Nursing/Health Education Division  
Phone 973-535-7961: X228, 227, 243  
Fax 973-535-7993

[Information updated 5/7/20 from Livingston Health Department and Maplewood Health Department]